#### Varsity

erage of 7.1 yards per carry. Diggs is listed at #7 in scoring with 70 points, on Rice's 3-yard line following a fum-11 touchdowns and 2 extra points.

a total of 907 yards to Rice's oppo- zone. nents (649 rushing, and 258 passing) For those who didn't drive to

Wharton last week, here are a few examples of why the Raiders' "organized chaos" defense is so highly rated: On Wharton's first possession, the

Raiders stopped them at the 8-yard line; pushed them back to the 14; and took possession on downs.

**MERCURY** 

LINCOLN

Ford

Lincoln

Mercury

**Bay Boats** 

Kawasaki ATV - Mule

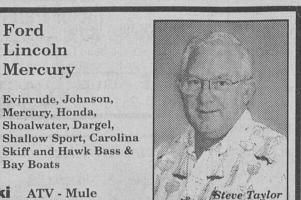
Evinrude, Johnson,

Mercury, Honda, Shoalwater, Dargel,

Even when Wharton took the ball ford, 9-0. ble, the defense forced them to a fourth The Raider defense is #2, allowing down before they slipped into the end

Wharton's field goal came after for an average of 129.6 yds. per game. another goal-line-stand in the third quarter. The Tigers returned a Raider punt to Rice's 3-yard line but couldn't punch it in after several tries and an offsides penalty on Rice.

> Scores 10-13: Sealy lost to Needville, 31, 24; Hitchcock lost to Houston St. Pius, 6-7; Sweeny beat Staf-



1912 N. Mechanic • (979) 543-2753 • 1-800-441-5554 vonderau@wcnet.net · · www.VonDerAuFLM.com





By Dr. Eric R. Tepper, Podiatrist SOURCES OF HEEL PAIN

Heel pain is a common foot problem that develops for several reasons. Poor biomechanics - the way a person's foot functions during activities - can place excess stress on the heel and surrounding tissues. The heel can also be stressed from walking, jumping, and running on hard surfaces; poorly constructed shoes; or obesity. Heel spurs are bony protrusions that develop due to strained foot muscles or repetitive stress on the heel bone's lining or membranes. Plantar fasciitis is an inflammation of the tissue band running along the bottom of the foot (fascia). Excessive pronation can stretch and pull the fascia during activities. Heel bruises can result from inflammation or injury. Several conditions, including arthritis and bursitis, may also contribute to heel pain.

When your feet are victims of heel pain, bunions, warts, corns, toenail conditions, imbalances, hereditary problems, disease, or injury, the first step to better foot health is a good podiatrist. We ask a lot of our feet, but painful feet are not normal. You don't need to suffer... we can help here at Rice Medical Center. Please call 234-5571 for an appointment. I am there every Tuesday.

P.S. If heel pain is affecting daily activities, consult a podiatrist.

District 24-3A Standings Season District W Sweeny (4) **Rice** (6) Wharton (2) Needville (3) Sealy (5) Hitchcock (7) Stafford (1)

Numbers in parentheses indicates enrollment ranking. The Collier-Sharp Football Report has picked Rice as a 1-point favorite in Friday's game against Sweeny. They picked Wharton over Sealy by 7. Staf-

ford has an open date. C-S moved Austin Westlake to the top of 5A Texas team after a 56-6 thumping of previously unbeatean and unscored upon Austin High.

Port Arthur Lincoln remains on top in 4A after a 36-7 win over Little Cyrpess-Mauriceville. Diboll regained the #1 ranking in 3A after a 34-0 victory over Rusk.

Continued from Page 1

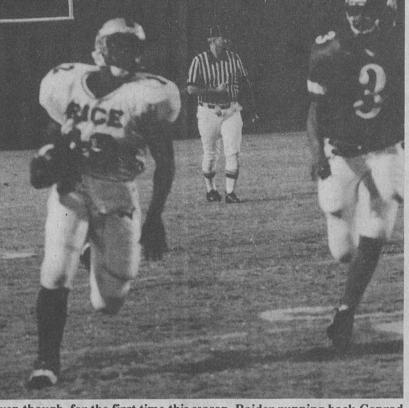
In 2A, Mart moves back to #1 after a 60-2 thrashing of previously unbeaten Jewett Leon.

Shiner continues to lead in 1 A after starting district play with a 54-6 win

The games with the most points scored: Madisonville over Tarkington, 56-40; and Arlington Lamar over Arlington Sam Houston, 61-35.

Collier-Sharp called Sealy's loss to Needville the past week's biggest upset. Sealy was a 28-point favorite.

The free Collier-Sharp web site, covering all classes of high school football in Texas, is at www.colliersharp.com.



Even though, for the first time this season, Raider running back Conrad Diggs, #12, didn't pick up 100 yards or more against the Wharton Tigers last Friday night, he still leads the rushing stats for 3A and smaller schools.

**Upcoming** Raider



Action! Date Team, Place & Time Thurs., Oct. 19 .... Raider freshmen at Sweeny\*, 5 p.m. Friday, Oct. 20 ..... Raider varsity vs. Sweeny\*, Here, 7:30 p.m. Thurs., Oct. 26 .... Raider freshment vs. Stafford\*, Here, 5 p.m. Friday, Oct. 27 ..... Raider varsity at Stafford\*, 7:30 p.m. \*District competition

### 8th grade Lady Raiders win two, take 2nd in ELMS tourney

On Wednesday, Oct. 11, the 8th before falling 10-15. grade Lady Raiders traveled to Hitchcock and made the Lady Bulldogs Ricebirds' service game was too "know their role", taming them 15-2, tough for the Lady Raiders to handle

Lady Raiders had it set in their minds ment Championship. that they were not going to let this Lady Bulldogs in just 30 minutes.

In the first game, Ashley Parker caba, 11 points and Stephanie Tillman closed the game out with two service points.

Raiders had balanced serving as Vanessa Villafuerte and Ruvalcaba scored four points each, Tillman and Jameka White three each and Bea Posada one point.

The Lady Raiders hosted the Eagle Lake Volleyball Tournament Saturday, Oct. 14.

In the first match, the Lady Raiders shot down the Lady Falcons from Royal 15-9, 15-4.

Scoring for the Lady Raiders on serve for both games were Ruvalcaba, Lady Tigers 15-7 to take the match. seven points; Rachelle Shorter, 7; Villafuerte, five; Parker, five; White, of the season, with the winning effort, three and Posada, three.

In the championship match, the Shorter, White and Posada. Lady Raiders were up against a very solid El Campo squad.

Headlight Photo as the hosts battled for every point, Jays.

In the second game, the Lady as they won the game 8-15 to take the After traveling for two hours, the Eagle Lake Middle School Tourna-

The Lady Raiders should be proud victory slip away, as they punished the of their effort as they took home the second place trophy.

Monday, Oct. 16, the Lady Raidserved two points, Arizbeth Ruval- ers took on the Wharton Lady Tigers. In the first match, Wharton

breezed to a 7-15 victory in game one. The Lady Raiders fought hard in the In the second game, the Lady second game, but ended up being on the short end, 15-17.

> Playing for the Lady Raiders were Shante Rhodes, Jenny Morgan, Tillman, Melanie Ishee, Ashley Flores, Esmeralda Lopez and Kimberly Ro-

> In the second match, the Lady Raiders slayed the Lady Tigers in the first game 15-6, on the strong serving of Parker.

> In the second game, the Lady Raiders laid the "Smack Down" on the

> Playing one of their better matches were Villafuerte, Parker, Ruvalcaba,

The Lady Raiders conclude the The Lady Raiders played a tight volleyball season next Tuesday, as first game against the Lady Ricebirds, they host the Needville Lady Blue

#### Raider Cross Country teams fare well in Cuero

teams went to Cuero Saturday for the Turkeyfest Invitational.

Coach Ryan Roark stated, "I was complain. You can't ask for more than that." pleased with the effort of all the run-The boys team came away with a ners. We're finally getting in decent Boys ninth place finish, while two of the shape heading into district in two

The Rice Raider Cross Country Lady Raiders set personal best marks. weeks. This is a good group of kids to work with. They work hard and never

The following are their results from Cuero: Time Distance Place Bernardo Vasquez 20:13.06 3 miles Floyd Kelley 65th 21:45.88 3 miles 73rd Andrew Varley 23:12.94 3 miles 23:44.91 Marques Johnson 81st 3 miles Michael Sosa 83rd 24:09.63 3 miles Distance Girls **Place** Time Johanna Lopez 62nd 14:39.38 2 miles Patricia Najera 74th 15:09.02 2 miles

Several member of the cross country team were missing Saturday because of U.I.L. band competition. The Raiders will have their full team at Stafford (district) in two weeks.

close one to Wharton

## **United Way!** Be the Difference... See the Difference!!

# Fall Fund Drive Begins

GIVE THE UNITED WAY GIVE THE UNITED WAY GIVE THE UNITED WAY

Give... The

Saturday

Oct. 28

Join United Way Volunteers in a 5K...

Halloween Walk-a-thon! For Kids of All Ages! Wear your Halloween Costumes

or running or walking attire.

Starts at 9 a.m. at City Hall

Get Your Family & Friends to Sponsor You for the United Way Walk-a-thon

> For more details, call Tom or Deborah Reed at 234-5556



Charity <u>Does</u> Begin at Home. Please Give Today!

GIVE THE UNITED WAY GIVE THE UNITED WAY GIVE THE UNITED WAY

# Puff game

To go with the spirit of Rice High School, Rice Project Graduation will again host the Powder Puff Flag Football game Thursday, Nov. 2, at 7 p.m.

As you know, with Powder Puff, the young ladies and gentlemen exchange roles for football... the ladies doing the playing and the gentlemen becoming the cheerleaders.

A donation of \$3 will be accepted at the gate, no school passes.

The money raised from this event will go toward Rice Project Gradu-

Each year there is a larger turnout for this event. So come out and support the youth of our community. By doing so, you show our youth that we believe If you are unable to attend, please

Project Graduation, P.O. Box 246, Altair, Texas, 77412.

Again, as always, thanks for your

Rice freshmen lose

The Rice Raider freshmen football ham, Anthony Palmer and Jasmin team hosted the Wharton Tiger Junior Smith. Varsity last Thursday, Oct. 12. The Wharton coaches told their linemen Ed Thomas, Rusty Moore, freshmen that due to a lot of failures on

the Rice freshmen team, the freshmen and JV were combined. Note: Wonder why a school with sion. twice the enrollment of Rice would want their JV to play our freshmen

team? The Raiders gave Wharton all they consider sending a donation to: Rice wanted, but ended up on the short end of the stick, 22-20.

> The Raider offense moved the ball well behind the running of Zack Kloss, Jason Godley, Ricky Cunning-

Dustin Krenek and Todd Korenek. Wide receiver Brandon Jenkins had a catch for a two-point conver-

The Raider defense played well, making it a very physical game. Marcus Woods had a key intercep-

Other offensive standouts were

tion which stopped a Tiger drive. Other defensive standouts were Smith, Thomas, Palmer, Michael

Cooper, Kloss and Jess Little. The Raider freshmen travel to Sweeny Thursday. Oct. 19.



Happy 1st Birthday Larissa Nickelle

Love, Mom, Dad, Cecily, Kayla, MoMo, Popo, Aunt Rhonda, NaNa, Cierra, Little "C" & Tio Boy Did You Know...

·With proper care, a grapevine can produce fruit for a century.

•Fuel injection, which improves the performance of automobiles, was introduced by the British in 1966.

•The kaleidoscope was invented by Sir David Brewster in



Physical Therapy • Aquatic Pool Therapy • Health & Fitness

4 Locations to Serve You



109 Shult Drive 979-732-8280



979-743-6148

"Working Together To Get You Back In Action"